

Northern Westchester Swimming Conference, Inc.

Website: <http://nwsc.usswim.net>; Email: nwscmail@aol.com

Recommended List of Documents **COACHES** should review, and/or have available:

GENERAL

B Meet Schedules	emailed & on website
Club List	on website
Constitution	on website
Directions to Clubs	on website
Dual Meet Schedule(s) master and by division	on website
Facility Summary Sheet	on website
Major Disqualifications in a Summer Meet	on website
Coaches Rating of Officials	email blast & on website
Rule Changes for 2008	on website

MEETS

B Meet Rules	in Constitution (on website)
Swim Guidelines and Warm-up Procedures	on website
Time & Place Cards	on website

DIVING

Awarding Points for the Diving Competition	on website
Diving Rules	on website
Diving Sheet (Score Form)	on website
Guide for Judging One Meter Diving	on website
One Meter Diving Table	on website