

Northern Westchester Swimming Conference, Inc.

Website: <http://nwsc.usswim.net>; Email: nwscmail@aol.com

Recommended List of Documents **TEAM REPRESENTATIVES** should review, and/or have available:

GENERAL

Dual Meet Schedule (master)	on website
Constitution	on website
B Meet Schedules	on website
B Meet Rules	on website (in Constitution)
Club List	on website
Directions to Facilities OR Google Link	on website
Minutes from Past Meetings	on website
Representatives Responsibilities	on website
Suggested Items to Bring to an Away Meet	on website

MEETS

Hosting a Swimming & Diving Dual Meet	on website	
Swim Guidelines & Warm-up Procedures	on website	
Safety Recommendations	on website	
NWSC Rules on Scoring	on website	
Correct Timing Procedures	on website	
NWSC Rules on Diving – updated June 2009	on website	
Dual Meet Score Sheets (scoring & non-scoring events)	on website	
Order of Finish Sheet (suggested)	on website	
Diving Sheet (Score Form)	on website	
Diving Score Sheet (suggested)	on website	
Diving Running Total Sheet (suggested)	on website	
Time & Place Cards	on website	
List of Approved Swim Suits (FINA)	on website	new for
New NFHS Swimsuit Rule	on website	2010