

## NWSC RULES ON DIVING – EST. 1989

There are swimming pools with diving boards that do not meet the Westchester Public Health Department standards/Specifications, and for the safety aspect of the sport of Diving, NWSC shall abide by the following:

Pools that do not meet the standard depth of 10 feet, and other Westchester County rules, shall not permit diving unless the pool depth is at the minimum 9 ½ feet and is used by the diving team only (as stated by Westchester County Public Health Department).

If a facility does not have a diving board, that facility does not dive in dual meet competition and no points will be given to the other team. However, if the home team has a regulation diving facility, sanctioned by the Westchester Public Health Department, the home team may dive exhibition and no points will be awarded to either team.

If a facility has a bona fide diving board, meets all requirements of the Westchester County Public Health Department, and the visiting team also has a bona fide diving board, both teams shall compete for diving points. If either team refuses to compete, the other team can dive and receive the maximum of 8 points per age group per sex. (There are four diving groups in every swim meet; 2 girls' age groups and 2 boys' age groups). As stated above, if one team refuses to compete, the other team, provided that their 8 legal divers compete, can start the swim meet with 32 points. Or, all legal divers, up to the maximum of 8 per team, shall receive points for diving. Diving counts as an individual event. Point scoring for diving is 5-3-2-1. No team can score more than 2 places in diving.

Therefore all pools without diving boards shall not enter any diving competition unless sanctioned by the rules committee. Remember that anyone can enter the Divisional Championships provided they have entered 2 dual meet competitions.

As of July 1997, the following pools will not have diving:

Pleasantville  
Mt. Kisco Country Club  
Peekskill  
Seven Bridges